

Nutrition Snippet

LUNCH BOX SNACKS.

Bliss balls are an easy & nutritious snack for the lunch box or after-school treat.



Roll, snack and enjoy!

- Chocolate bliss balls
- Apple & date bliss balls
- Sultana & coconut bliss balls

Find more bliss ball recipes at

healthymadetasty.com.au/blog/5-best-bliss-ball-recipes/

healthymadetasty.com.au



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