

# ***Nutrition Snippet***

## **FOOD SAFETY**

**As the weather warms up, it's important to keep food in the lunch box cold and safe to eat.**



**Use a cooler bag and ice brick or frozen water bottle to keep the lunch box cold.**

**For more info and tips go to  
[healthymadetasty.com.au/blog/make-your-lunch-box-safe/](https://healthymadetasty.com.au/blog/make-your-lunch-box-safe/)**

**[healthymadetasty.com.au](https://healthymadetasty.com.au)**



**Cancer Council**  
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