

# ***Nutrition Snippet***

## HOW TO PACK A HEALTHY LUNCH BOX



A good lunch gives kids energy and nutrients to learn, play and grow.

But what does a healthy lunch box look like? Find out in our short video at:

[healthymadetasty.com.au/resources/how-to-pack-a-healthy-lunch-box-video/](https://healthymadetasty.com.au/resources/how-to-pack-a-healthy-lunch-box-video/)

[healthymadetasty.com.au](https://healthymadetasty.com.au)



**Cancer Council**  
Healthy Made Tasty