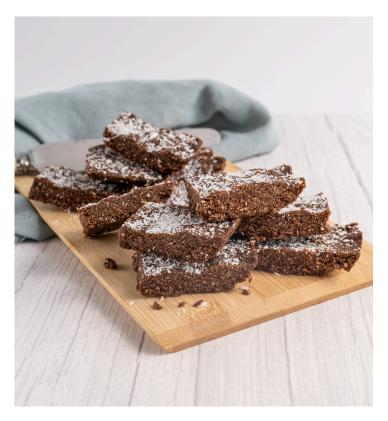
No-bake Weetbix slice

Makes: 12 Prep time: 15 mins Cooking time: 0 mins



Ingredients

140g dried dates, pitted, roughly chopped

7 Weetbix, broken into pieces

1/4 cup desiccated coconut

¼ cup cocoa powder

2 tbsp honey

2 tbsp extra desiccated coconut for sprinkling

<u>Step 1:</u> Put the dates and 100ml boiling water in a heat-proof bowl. Set aside and soak for 10 minutes or until soft. Meanwhile, line a slice tin with baking paper.

<u>Step 2:</u> Process the date mixture, wheat biscuits, 1/4 cup coconut, cocoa and honey in a food processor until mixture comes together.

<u>Step 3:</u> Spoon the mixture into the prepared slice tin. Using a spatula, press the mixture evenly into the base of the tin.

<u>Step 4:</u> Sprinkle the extra coconut over the top and gently press into the mixture.

Step 5: Cover and refrigerate for 1 hour or until set. Slice into 12 pieces.

For this recipe and more visit: healthymadetasty.com.au

