School holiday activities calendar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Make a snack	Get moving!	Time to colour!	Make a faceplate	Grow your own vegies from scraps
Week 2	Build a lunch box	Time for yoga	Help make dinner for the family	Find a healthy swap	Get ready for movie night!

For this and more visit:

healthylunchbox.com.au

Cancer Council
Healthy Lunch Box