

Nutrition Snippet

WINTER WARMING SOUPS.

Soups are a budget-friendly way to enjoy plenty of vegetables while staying warm and nourished.



Try these recipes:

- [Veggie pasta soup](#)
- [Pumpkin soup](#)
- [Harira](#)

Discover more nourishing, budget-friendly recipes at healthymadetasty.com.au/blog/nourishing-budget-friendly-soups-to-warm-you-up/

healthymadetasty.com.au



Cancer Council
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